

# GSS Beach Volleyball Rules & Guidelines (Coed 6's)

## The Golden Rule

- First and foremost, this league is for FUN! Games should be held in a relaxed and respectful environment always to be enjoyable for all participants.

## Overview

- **Team Registration:** This year teams are capped at 25 athletes. Open to all UBC Graduate Students with each team allowed 3 "imports" total of non-graduate students – family, undergrads, faculty, etc.  
\*Postdocs are counted as Grad Students for this League. Once the League has started, each team has a maximum of 3 substitutions/additions (if there's still space in the roster). This only applies to Regular Season.
- **Waivers:** To be eligible to play in the league, all participants must have signed an online waiver. Players that do not sign an online waiver will not be permitted to participate. Team captains are responsible for ensuring that all participants for their team are eligible to participate.
- **Rules:** Please review the rules before the season with your team to avoid any confusion.
- **Format:** Teams require two female minimum and a 6-player total minimum.
- **Borrowing Players:** If the team doesn't have enough players, they can borrow up to 2 players from another team. There is no borrowing during playoffs.
- **Fouls:** Please call your own fouls. Games are self-refereed. Participants are responsible for calling their own fouls- please err on the side of good sportsmanship.
- **Forfeiting:** If a team is forfeiting then they need to inform the other captain at least 2 days prior to the game. If they don't they will be automatically disqualified from the League.

## General Rules

- Every player needs to check-in with the on-site Event Assistant with their name and ID (UBC ID in the case of Grad Students).
- Team standings will be based on points. 3 points for a win, any tiebreakers before playoffs

decided by total number of points scored for difference in winning sets.

- Play will consist of 3 matches. Best 2 of 3 (21/21/15) Games are all rally point, win by 2 points, cap at 23 (cap at 17 in the 3rd match. Matches will be over when a team wins 2 games or time expires. If time expires (signified by the whistleblowing) while teams are playing in the 3rd game, at least 1 of the teams must have at least 5 points for the game to count. If neither team has at least 5 points, then the game does not count in the match results, and the match is reported as a 1-1 draw.
- If time expires while teams are playing the 3rd game (the tiebreaker), at least one of the teams must have reached 5 points for the 3rd game to count. Otherwise the match will be reported as a 1-game-apiece draw.
- Games can be cancelled due to heavy rain or any type of lightning, by the GSS or with the agreement of both captains.

## Rules of Play

- Teams will only call fouls committed by their own players. Players will not call the fouls against their opponents. If there is a dispute on a call, reserve the play. Contact an EPA (Event Production Assistant) or GSS Events Manager for clarification of rules after match is completed.
- All players will conduct themselves in a polite and sportsmanlike manner. Individuals who do not abide by these criteria will be removed from the league.
- All balls must be hit cleanly. No scooping or carrying the ball. Only off a driven ball, may a ball be double hit (i.e. off arm and head in one continuous motion).
- Contact with the net (except for hair) in any way constitutes loss of point. A player that goes under the net but does not contact the net or interfere with the play is okay. \*Note: if the wind pushes the net into a player, then this will not be considered a foul and play should proceed.
- A served ball may not be blocked, spiked, or volleyed directly back over the net.

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- A served ball may be received by volleying the ball, provided it is not volleyed directly back over the net (i.e. the ball may be volleyed to another member of the receiving team).
- A block or partial block does not count as one of a team's 3 hits.
- The ball may be played by any part of the body.
- There must be at least 2 females on the court always. A team with only 1 female will be penalized 4 points a set (3 points in the 3rd set), and cannot substitute a male for the missing female (they must play with only 3 players). If a team has no females, they default the game. If a team has only three players, but two females, then there is no penalty other than the fact that they must play with only 3 players. The minimum number of players required to avoid defaulting is two, with at least one of the players being female.
- Both teams are responsible for recording matches won/lost and submitting the scores via email to the Events Manager at [events@gss.ubc.ca](mailto:events@gss.ubc.ca) – failure to do so will result in an the team being assigned zero points and zero wins.
- If injured, report to the on duty EPA for first aid and to file a mandatory incident report form.
- Dog's are permitted off leash just west of the Spanish Banks West Concession. We welcome furry friends at the leagues but ensure they are on leash at all times as per city by-laws. Please pick up after any pets.
- The GSS is not responsible for any lost or stolen items. We recommend leaving valuables at home.
- Enjoy yourselves!!

## Playoffs

- The playoffs will occur over the last of the season. Each match will be the same as regular season matches (21/21/15 capped at 2 points over the maximum). If time expires during the 3rd set, whichever team is winning at that point will win the match (no 5-point minimum required). If time expires during the 2nd set, then total points scored in the 2 sets to that point will determine the winner of the match.

## Rules of the Beach

- We highly encourage teams to make a night out of the league play and bring your beach blankets, towels, speakers and BBQ's down.
- BBQ's are permitted (propane only)
- No alcohol is permitted on the beach. If seen drinking alcohol or under the influence, a player will not be allowed on the court.